



Aqua Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		6:00-6:45 am Aqua Blast Nancy W.		6:00-6:45 am Aqua Variety Nancy W.		
7:45-8:45 am Aqua Variety Hilda		7:45-8:45 am Aqua Variety Hilda		7:45-8:45 am Aqua Variety Rosemary	8:00-8:45 am Aqua Blast Nancy B./Karen E.	8:00-8:45 am Aqua Blast Terry
9:00-10:00 am Aqua Blast Hilda	9:00-10:00 am Aqua Variety Rosemary	9:00-10:00 am Aqua Blast Debbie	9:00-10:00 am Aqua Variety Lynn	9:00-10:00 am Aqua Blast Susan	9:00-9:45 am Aqua Variety Nancy B./Karen E.	9:00-9:45 am Aqua PiYoChi Terry
10:30-11:15 am Aqua Motion Terry		10:30-11:15 am Aqua Motion Bunny		10:30-11:15 am Aqua Motion Terry/Debbie		
11:30-12:15 pm Aqua Strength Terry	11:00-11:45 am RESERVED *Physical Therapy	11:30-12:15 pm Free to Move Bunny	11:00-11:45 am RESERVED *Physical Therapy	11:30-12:15 pm Free to Move Terry/Debbie		
12:30-1:15 pm Aqua Stride Glenda	12:00-12:45 pm Aqua Motion Bunny		12:00-12:45 pm Aqua Motion Bunny			
1:30-2:30 pm Volleyball	1:00-1:45 pm Aqua Strength Bunny		1:00-2:00 pm Volleyball			
5:30-6:15 pm Aqua Kick Box Catherine/Mimi	5:00-6:00 pm Aqua Variety Terry		5:00-6:00 pm Aqua Variety Debbie			
6:30-7:15 pm Aqua PiYoChi Catherine/Mimi		6:00-7:00 pm Aqua Variety Glenda		6:00-7:00 pm Aqua Variety Glenda		
				7:30-8:45 pm Volleyball		

*The entire pool is reserved for **Physical Therapy Patients** on Tuesday & Thursday from 11:00-11:45 am

EFFECTIVE 1/6/2020